


<i>MON</i>	<i>TUES</i>	<i>WED</i>	<i>THURS</i>	<i>FRI</i>	<i>SAT</i>
9:15 - 9:45 - COMPUTER LAB 9:30-10:00 - COMMUNITING MEETING 10:00-12:00 BASKETBALL 10:00-11:00 - VALUE BUYING 10:30-12:00 - NEWS GRABBERS & HEALTH WATCH 10:30-12:00 - ANGER MANAGEMENT 11:00 - 12:00 - NO CIGS TODAY 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00- <b>SAFE CIRCLE</b> 1:15-3:00 - ART STUDIO-	9:15 - 9:45- COMPUTER LAB 9:30-10:00 - COMMUNITY MEETING- Front Room 10:30-11:30 - U GRILL IT 10:00-12:00 - STAINED GLASS 10:30-12:00 BEADING 10:30-12:00 - LIFE SKILLS 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - YOGA 1:30-2:30 - ENTERTAINER 1:30 - 3:30 - SEWING	9:30-10:00- COMMUNITY MEETING 10:00-5:00 - FLYING FRIENDS OUTING 10:00-10:30 -PIANO TIME 10:00-12:00 - BASKETBALL 11:00-12:00 - AMY'S SHIN-DIG 10:30-12:00 MICHAEL'S IN THE HOUSE 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - RESOURCE HOUR 1:30-3:00 - ART WITNESS & DANCE PARTY 1:30-3:00-MEN'S GROUP	9:30-10:00- COMMUNITY MEETING 10:30-11:30 -GABFEST w/ VICTOR 10:30-12:00- ARTS & CRAFTS 10:30-4:00- NATURE OUTING 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00 SEWING 1:00- 2:00- G.A.B. w/ Gloria A 2:00-3:30- ART THERAPY	9:00-10:00 -COMPUTER LAB 9:30-10:00 - COMMUNITY MEETING 10:30-12:00- LIVING WITH GRACE 10:00-11:00 - GARDENING 11:00-12:00- NO CIGS 10:30-12:00- ENTERTAINER 12:00 -1:00 - LUNCH w/ Teresa 1:30-3:00-NEW YOU HAIR SALON 1:30-2:30- CLOTHES CLOSET 1:30-3:30 - OPEN ART STUDIO 1:30-3:30 - <b>CAN YOU HEAR ME NOW?</b> <i>NEW</i> 1:30-4:00 - LEISURE WALK 5:30-7:30- MOVIE NIGHT	10:15-10:30- COMMUNITY MEETING with BONGOS 10:30-12:30- MOVIE MORNING 10:30-12:00- AEROBICS 10:30-12:00- LITTLE VICTORIES GOALS GROUP 10:30-12:00- POOL TOURNAMENT 12:00-1:00- LUNCH w/ LISA L. 12:45-1:45- BINGO
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 <b>PRESIDENT'S DAY</b> CLOSED FOR HOLIDAY	9:15 - 9:45- COMPUTER LAB 9:30-10:00 - COMMUNITY MEETING - Front Room 10:00-11:00 - <b>MONTHLY MEDITATION WORKSHOP</b> 10:30-11:30 - U GRILL IT - 10:00-12:00 - STAINED GLASS 10:30-12:00 BEADING 11:00-12:00 - LIFE SKILLS 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - YOGA 1:30-2:30 - ENTERTAINER 1:30 - 3:30 - SEWING	9:30-10:00- COMMUNITY MEETING 10:00-5:00 - FLYING FRIENDS OUTING 10:00-10:30 -PIANO TIME 10:00-12:00- BASKETBALL~ 11:00-12:00- AMY'S SHIN-DIG 10:30-12:00 MICHAEL'S IN THE HOUSE 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - RESOURCE HOUR - 1:30-3:00- ART WITNESS & DANCE PARTY 1:30-3:00 -MEN'S GROUP	9:30-10:00- COMMUNITY MEETING 10:30-11:30 -GABFEST w/ VICTOR 10:30-12:00- ARTS & CRAFTS 10:30-4:00- NATURE OUTING 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00 SEWING 1:00- 2:00- G.A.B. w/ Gloria A 2:00-3:30- ART THERAPY	9:00-10:00 -COMPUTER LAB 9:30-10:00 - COMMUNITY MEETING 10:30-12:00- LIVING WITH GRACE 10:00-11:00 - GARDENING 11:00-12:00- NO CIGS 10:30-12:00- ENTERTAINER 12:00 -1:00 - LUNCH w/ Teresa 1:30-3:00-NEW YOU HAIR SALON 1:30-2:30- CLOTHES CLOSET 1:30-3:30 - OPEN ART STUDIO 1:30-3:30 - <b>CAN YOU HEAR ME NOW?</b> <i>NEW</i> 1:30-4:00 - LEISURE WALK 5:30-7:30- MOVIE NIGHT	10:15-10:30- COMMUNITY MEETING with BONGOS 10:30-12:30- MOVIE MORNING 10:30-12:00- AEROBICS 10:30-12:00- LITTLE VICTORIES GOALS GROUP 10:30-12:00- POOL TOURNAMENT 12:00-1:00- LUNCH w/ LISA L. 12:45-1:45- BINGO
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**NEW** **CAN YOU HEAR ME NOW?**

Learn the art of communication

With YEMI & JIM  
 Starting: Friday, February 6, 2009  
 1:30 p.m. - 3:30 p.m.  
 In the Sewing Room



\* schedule subject to change